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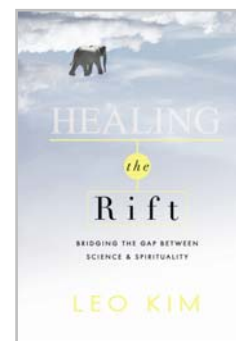
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HEALING THE RIFT *BRIDGING THE GAP BETWEEN SCIENCE & SPIRITUALITY* By **LEO KIM**



“*Healing the Rift* is an exciting exploration of the intersections of science and spirituality. This book will excite and delight anyone who is ready to move beyond the prevailing dogmas of both conventional science and religion.”

- Larry Dossey, MD. Author of *Healing Words* and *The Power of Premonitions*

Can science and God co-exist? Is there a greater plan?

The remarkable new book *Healing The Rift* seeks to answer these questions and more with a modern day examination of science versus spirituality. While science attempts to explain our world without a creator, spirit, or the forethought of design, and constantly seeks new information from which to revise its theories, spirituality accepts that the most important aspects of our world are hidden and beyond human comprehension, and identifies this realm as composed of the spirit, the soul, and God.

Are we simply a collection of cells in a human body that eventually becomes ill and perishes when it fails? Is there a greater plan? As a scientist developing new drugs for the treatment of cancer, Dr. Leo Kim felt powerless as he watched patients die, an experience that led him on a decade-long quest to understand human existence. *Healing the Rift* chronicles his fascinating metaphysical and scientific journey. Kim reveals how recent scientific breakthroughs led him to the belief that the world is a blending of mind and spirit, explaining the science behind his discovery in entertaining, approachable terms that help readers make sense of their own search for answers.

ABOUT THE AUTHOR

Leo Kim is a scientist and biotechnology executive with over 50 scientific publications and patents to his credit. Leo's journey includes research and management in chemistry, biochemistry, bioinformatics, biotechnology, information technology, molecular biology, microbiology, physics, and clinical trial studies. He has been active in new pharmaceutical and biotechnology disease treatment modalities as well as alternative medicine regimes. He has studied with Deepak Chopra, Bernie Siegel, and many others who offer spirituality based supplements or alternatives to traditional healing. Leo has a Ph.D. in physical organic chemistry from the University of Kansas and continued his education as a research associate at MIT. Leo is a CEO and general partner in a biotechnology venture capital firm where he is tracking the progress of thousands of companies utilizing the latest developments in science.

Healing the Rift, by Leo Kim

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EXCERPTS FROM *Healing the Rift*

From the Introduction

Science attempts to explain our world without a creator, spirit, or design, and constantly seeks new information from which to revise its theories. Spirituality accepts that the most important aspects of our world are hidden and beyond human comprehension, and it identifies this realm as composed of the spirit, the soul, and God. Are we simply a collection of cells in a human body that eventually becomes ill and perishes when it fails? Many scientists support this theory, while spiritual beliefs contradict it.

Is there a plan for us? Science explains our bodies as mechanisms of the material realm, ignoring the issue of any possible plan or design. Spirituality, on the other hand, views our bodies as both material and immaterial, asserting that there is a “plan.”

Most of us would like to believe there is a plan for us, which would endow our brief time on Earth with some higher meaning. Although many scientists are spiritual people, many feel their spirituality slipping away. Their scientific discoveries about our world seem to diminish or negate the possibility of something greater. I, too, was skeptical of spiritual concepts. But I realized that, if I intended to embark upon this quest to understand human existence, I couldn't reject out of hand the accumulated wisdom and beliefs of thousands of years. I felt compelled to scrutinize both spiritual beliefs and scientific discoveries in order to determine if a new truth would emerge.

I discovered that science in no way diminished or negated the possibility of something greater. Although science is based on facts, it does not explain our beginnings and existence. In seeking answers to these questions, I discovered extraordinary scientific theories that appear to be faith-based. As a result, I could no longer avoid confronting the spiritual dimension.

These questions are also the focus of philosophy, religion, and spirituality. I've organized this book around these questions: our origins, our reality, and the emergence of mind from body and brain, culminating in my views of science and spirituality by utilizing 21st-century scientific concepts of our existence and reality.

Yet much of science is based on a 19th-century worldview. Since the 19th century, scientists have embraced materialism—the belief that all reality is physical. Materialism is a primary cause for the rift between science and spirituality.

With the exception of physicists, scientists typically regard matter as being composed of billiard ball-like component atoms. This materialistic perspective leads to several conclusions which are incompatible with spiritual beliefs. The first conclusion by materialists is that reality is simply physical and that spirit, or immaterial essence, is myth. The second is that the mind and consciousness are merely the result of brain activities. These assumptions logically eliminate free will, since if all the workings of the universe and humans are mechanical, as many scientists posit, humans cannot influence the future. Finally, the third is that since we are but matter, when we die nothing survives—neither mind nor spirit.

But what is life? And what really happens after death? Whether a person lives seven years or 70, is life merely a succession of vignettes of memories, feelings, and experiences that vanish when we die? Is that it—like they never happened at all? Seeking alternatives to the materialistic perspective, I searched for scientific evidence for existence after death. Perhaps, I reasoned, many people embrace spirituality in the hope of an afterlife.

Spiritual and religious teachings posit spirit, soul, afterlife, and God. So, can we even hope to resolve the conflicts of science and spirituality?

The reductionist approach has been highly successful for scientists. Reductionists believe that scientific explanations are inherently produced by the analysis of lower-level components. Thus, if a scientist seeks to understand a living organism, he must first understand organs, then tissues, then cells, then molecular, and before cellular components. This approach enables scientists to build upon prior discoveries.

However, biological scientists have not gone to the most fundamental level of our world in order to understand human beings. I deliberately followed new scientific discoveries down to the most basic units of existence—string-like waves. But the waves that make up our reality are as illusive as the theories which might describe them. And these waves only exist in the presence of consciousness, vanishing when not observed. Incredibly, between the waves is space which holds deeper, darker mysteries.

Science is a disciplined belief system. It is designed to utilize specific methods of tests and verifications to understand our world. Since both science and spirituality are belief systems, the teachings of each can be used to illuminate the other, with the ultimate goal of discovering the truth about life and what our world is all about.

My journey took me on a tour of the mind-boggling scientific concepts of the creation of the universe, life, and humankind. New theories reveal a startling view of reality. Recent breakthroughs explain how mind and consciousness emerge from body and brain, overturning previous dogmas and offering new healing methods. New studies provide fascinating insights into the possibility of an afterlife. Comparing 21st-century science with spiritual beliefs, I found that a new truth was emerging. I realized that water and waves were apt metaphors for my life and our reality. Like water finding its own level, I discovered how the rift between science and spirituality can be healed.

I invite you now to take this journey with me. Together, let's discover what's between the waves that make up our world and where our potential lies.

There are only two ways to live your life;
One is as though nothing is a miracle.
The other is as if everything is.
I believe in the latter.

--Albert Einstein

TAKE SIX[©] with author LEO KIM

What is *Healing the Rift* about?

Healing the Rift addresses the ultimate mystery—our existence. Its explanation has led to the recurrent wars between deduction and faith, science and religion, and materialism versus spirituality propagating corpses of dogma littering countless battlefields. I show how the conflict between science and spirituality can be bridged by understanding the deeper meaning of 21st-century scientific discoveries, which reveal that our world is a blending of mind and spirit.

Why is understanding our existence important?

What could be more important than understanding what we are and our fate after death? Are we the only creature that can ponder these questions: Where did we come from? What are we? What is reality? How can mind and consciousness emerge from body and brain? What do all religious and spiritual teachings have in common? What survives death? The public hungers for answers. Some would argue that we are not advanced enough to answer these mysteries and believe that there is a plan for us created by an intelligent entity. Science attempts to remove the shroud that conceals the truth concerning the nature of our world—hoping to inch toward the answers.

Won't people who are religious or spiritual still have faith and those who do not believe in the spiritual realm remain skeptical?

We live in a scientific age, and many people find their spiritual and religious beliefs beaten down by scientists such as biologist Richard Dawkins who asserts that God does not exist—that it is a delusion. He, like many people, clench the delusion of materialism, a dogma which needs to be recognized as just another corpse on the battlefield because our world cannot be explained with mere matter.

Spiritual teachings are ancient and science has foundations centuries old. Does *Healing the Rift* explain the new discoveries in science which help bridge the gap?

Yes. My goal is to bridge this gap between science and spirituality. The public is mystified by recent scientific hypotheses: that 96% of the universe is inexplicable matter and energy (which are dubbed “dark matter,” and “dark energy”), that parallel universes exist along side our world, and that there are eleven dimensions—seven of which are imbedded in infinitesimal domains of space. Even scientists are puzzled by these concepts. However, when we examine the new scientific “big picture,” we discover that spiritual beliefs over two millennia old held these “truths.”

Early in the twentieth-century scientific discoveries and conjectures turned science on its head with the findings of an expanding universe and a quantum theory that is still not understood. The revelations of the 21st-century are again forcing scientists to discard prized theories and beliefs.

What does the book cover represent?

It is meant to be provocative. Scientists chastise religious and spiritual teachings as being outlandish therefore fiction. Now the table is turned. Scientists are struggling to explain seemingly bizarre concepts such as inexplicable dark matter and dark energy, hidden dimensions, and parallel universes. Are their concepts also fiction—or is everyone blindly feeling the elephant and reporting the same universe?

I notice that you include your personal experiences in the book. Does this help describe how you became interested in the subject matter?

Exactly. I wanted to write a book for the non-scientist. I tell how as a scientist witnessing cancer patients die I decided to embark on a journey that asked the big questions from both the science and spiritual perspectives. I realized that science doesn't have the answer to these questions—only suppositions. Spirituality began to inch back into my life first as a distant whisper and later as a welcome friend who cherished our world. This journey becomes part of *Healing the Rift*.

I want readers to gaze at the sky; think of the elephant and what is really out there. In the next few years, multi-billion-dollar experiments will be completed—and readers will be ready to understand the implications of the results and the relevance to *Healing the Rift*.